***Mandatory Facial***

***Deep cleansing facial (90 minutes)***

*Deep cleanse, deep hydration tightens pore size, great for first time clients**Includes a Skin Care Consultation*

Enjoy three customized cleansings, let’s start with working the correct cleanser into your skin with a rotating brush followed by a deep exfoliating cleanse with a rotating brush and completing the final deep cleanse via galvanic current which allows for solidified oil to be liquefied causing a deep cleansing within the skins structure allowing for black heads to escape. Relax with a 20-minute pampering face, neck, décolletage and optional scalp massage. All this greatness will allow you to retreat with a cleansing Indian clay or enzyme masque to purge impurities. You will then receive gentle professional extractions that will not leave you hurting the next day. In conclusion you will receive hydration via iontophoresis that will push hydrating contents deep into the pores. Moisturizer and skin care suggestions will complete this deep pore triple cleansing extra hydrating facial.

**Mandatory Facial**

**Deep Cleansing Facial Protocol (simplified)**

1. Under steam if client can handle it.
2. Cleanse with AHA BHA (for aging blemish prone skin) or Balancing cleanser (for oily skin)
3. Remove 5 minutes
4. Exfoliate with Bamboo exfoliator with brush machine, if client can handle it. 5 minutes
5. For extra extensive clean you can use Ultimate enzyme mask on congested areas, under steam. (T-Zone) Remove with steam towel. 5 minutes
6. Turn off steamer
7. Use skin scrubber/spatula/ultrasonic in circular movements keep skin wet with moist with desincrustation gel and a sponge or spray bottle. Approximately 15 minutes.
8. Total cleansing should last approx. 25 minutes.
9. Massage- massage cream or oil-25 minutes
10. Mask-Use Ultimate Enzyme mask if you did not use in extensive cleanse or use customized mask - 20 minutes
11. Extractions-2-4 minutes
12. Serums -Hyaluronic Acid 1 minute
13. Moisturize- Antioxidant Therapy 1 minute
14. Use scrubber to push products deeper into the skin 5 minutes
15. Protect with SPF- 1 minute

**Mandatory Facial Deep Cleansing Facial (Extended)**

**Implements & Materials**

* Standard facial lounge setup with linens and towels
* Gloves
* Gauze pads or cotton rounds. sponges
* Disposable sponges or facial cloths
* Water and bowl
* Eye pads for client
* Ear protection for client (such as earplugs or cotton)
* Water-based cleanser
* Treatment mask (optional)
* Moisturizer
* Toner
* Specialty serums or ampoules
* Sunscreen (SPF 15 minimum)
* Desincrustation gel
* Iontophoresis gel

**Preparation**

1. Prepare the treatment table with linens
2. Check the device for proper operation
3. Gather and set up disposables and products
4. Set up
5. Review client’s concerns, indication for treatment and anticipated results.
6. Have client read and sign the consent form.
7. Review medical forms, make sure there are no contraindications.
8. Take photos

**Procedure**

*Part I: Skin Scrubber (Desincrustation)*

1. Drape the client and secure hair away from the face
2. For extremely congested skin place cleanser on client’s skin and let it sit while awaiting steam for 1-2 minutes. Once steam comes out wait an additional 30-60 seconds and the start to work the cleanser into the skin
3. (If the client can handle steam) Under steam Pre-cleanse and remove makeup using a AHA BHA cleanser or choose the cleanser for the clients skin water-based cleanser.
4. Exfoliate with Bamboo exfoliator with brush.
5. Apply ultimate enzyme mask in the congested areas while still steaming for 5 minutes, then remove.
6. Adjust machine settings per manufacturer instructions and based on client skin type
7. Apply a small trace of water for moisture, to the client’s face in small circular motions, leaving that area slightly wet.
8. Use a mild desincrustation fluid on severely oil and congested skin types.
9. Apply ear and eye pads as recommended by the manufacturer
10. You can use steam to maintain moisture at this time if it is recommended by the manufacturer. Alternatively, you can use a gauze pad or sponge dipped in distilled water or manufacturer wetting solution to rewet the skin as needed. Work only on moist skin.
11. Adjust settings or discontinue treatment if the client feels any discomfort at any time
12. Always work with the blade at a 45-degree angle.
13. Touch the metal pads on the side of the scrubber with your thumb and any of your other four fingers the complete time of the service. If you do not ground the machine by keeping your fingers in contact with the metal pads on the machine, it will not work at all.
14. Starting with the forehead, gently secure/stretch the skin to be treated between your thumb and index finger, just as when you perform a microdermabrasion treatment
15. **Hold the ultrasonic blade at a 45-degree angle with the blade tip facing downward**
16. Gently glide the handpiece across the skin surface in a light forward movement and using no pressure. The wand should almost float across the skin on the water or hydrator. It is the water and the vibration that do the work. A proper stroke will yield a fine forward arch of moisture droplets spraying from where the blade touches the skin
17. Increase or decrease intensity as indicated by the manufacturer
18. Stroke first in a horizontal pattern across the forehead and then from the brows upward toward the hairline
19. Move to the right cheek and repeat the movements. Start from the nose toward the perimeter of the face and from the upper cheek to the jawline
20. Repeat on the left cheek
21. Repeat this procedure on the chin
22. Ask the client to hold his or her lips in a compressed *M* while you stroke across and downward from the nose toward the upper lip. Do not stroke upward toward the nose because spray can enter the nostril
23. Stroke downward on the nose
24. Use the corner of the blade to stroke around the nasal flares
25. Rinse with sponges and/or a warm towel
26. Relax with a 20-minute pampering face, neck, décolletage and optional scalp massage. Remove with warm towel
27. Apply a cleansing clay for 20 minutes or an enzyme masque for 5-10 minutes to purge impurities.
28. Perform gentle professional extractions to remove any excess oil but there should not be any.
29. Use a steam towel to remove residue.

*Part II: Hydration and Penetration of Serums for the Facial Area (Iontophoresis)*

1. Use water-based serums or iontophoresis gel
2. **Turn the blade over, holding it at a 45-degree angle with the blade tip facing outward or up**
3. Gently glide the handpiece across the skin surface in a light gliding movement with no pressure. (Think of it as gently ironing the lines away and helping performance ingredients penetrate)
4. Increase or decrease intensity as indicated by the manufacturer
5. Apply additional serums as needed to maintain moisture level
6. Make strokes in both horizontal and vertical directions, as in Part I
7. Move to the cheeks, chin, and center of the face, repeating the process
8. When you have treated the entire face.
9. Rinse off excess gel with a warm, moist towel
10. Apply serums moisturizer and sun protection as needed

**Post-Procedure**

1. Inform the client about appropriate home care
2. Reschedule his or her next visit

**Clean-up & Disinfection**

1. Perform clean-up and disinfection according to state regulations. Use a hospital grade disinfectant to wipe off spatula
2. Disinfect the device and implements according to the manufacturer’s recommendations
3. Reset the room and prepare it for the next client
4. Record detailed treatment information, observations, and product recommendations on the client record card.

***Maintenance Facial***

***(60 minutes)***

*Cleanse, hydration tightens pore size, great for first clients that have reach their skin expectations and wish to maintain it.*

**Maintenance Facial Protocol (simplified)**

1. Under steam if client can handle it.
2. Cleanse with AHA BHA (for aging blemish prone skin) or Balancing cleanser (for oily skin)

Remove 5 minutes

1. Exfoliate with Bamboo exfoliator with brush machine if client can handle it. 5 minutes
2. Turn off steamer
3. Total cleansing should last approx.15 minutes.
4. Massage- massage cream or oil-15- minutes
5. Mask-Use Ultimate Enzyme mask if you did not use in extensive cleanse or use customized mask – 13 minutes
6. Extractions-5 minutes
7. Serums -Hyaluronic Acid 1 minute
8. Moisturize- Antioxidant Therapy 1 minute
9. Protect with SPF- 1 minute

***Intensive Facial***

*(120 Minutes)*

*Advanced Machine Facial Using every part of the machine, Intensive exfoliation, Deep cleanse, advanced massage techniques deep hydration tightens pore size**Includes a Skin Care Consultation & Skin Analyzation*

Enjoy three customized cleansings, let’s start with working the correct cleanser into your skin with a exfoliating brush and completing the final deep cleanse via galvanic current which allows for solidified oil to be liquefied causing a deep cleansing within the skins structure allowing for black heads to escape. Relax with a 25-minute pampering face, neck, décolletage and optional scalp massage. All this greatness will allow you to retreat with a cleansing clay masque to purge impurities. In conclusion you will receive hydration via iontophoresis that will push hydrating contents deep into the pores. Moisturizer and skin care suggestions will complete this deep pore triple cleansing

**Intensive Facial Protocol**

1. Consult/ complete intake paperwork / take a ‘before’ photo
2. Steamer
3. Cleanse
4. Exfoliate
5. Deep cleanse
6. Extract
7. Spark here
8. Mist with treatment mist.
9. Indirect High Frequency Massage
10. Vacuum massage
11. Treatment Mist
12. Mask
13. Treatment Mist
14. Serums- Apply thinnest to thickest
15. Moisturizers
16. Iontophoresis
17. Direct High Frequency
18. SPF
19. Take an ‘after’ photo
20. Retail
21. Rebook

**Calming & Soothing Facial *(60 minutes)***

*Great for skin that has erythema is dry or dehydrated has spider veins or broken capillaries. This is a relaxing treatment, but you will also notice immediate effects on the skin.*

Enjoy a custom cleansing and exfoliation with products containing active ingredients that will enhance your skin. Relax with a hydrating face, neck, décolletage electro massage. Retreat with an enzyme masque. Your custom treatment will be finished with balancing serums, moisturizer as well as any other necessary products for your skins condition. At the end of the service, a customized treatment regimen will be designed to help keep your new healthy skin hydrated and toned.

**Calming & Soothing Facial Protocol**

1. Set up
2. Review client’s concerns, indication for treatment and anticipated results.
3. Have client read and sign the consent form.
4. Review medical forms, make sure there are no contraindications.
5. Take photos. - have client come in 5-15 minutes early to fill out paperwork or send it by email.
6. Cleanse, exfoliate and remove residual product -15 minutes
7. Place electrode in client’s hand
8. Spread on ample amount of massage cream
9. Put one hand on the client’s forehead
10. Turn on the machine
11. Turn it up a little until they state they can comfortably tolerate the current.
12. Start and complete full massage except for tapotement. 20 minutes
13. Turn machine up if you feel the client can handle it during the treatment. Record current #
14. When massage is complete place one hand still on client, turn current down and then turn off the machine.
15. Finish with Ultimate Enzyme Mask 10 minutes or a custom mask for 20 minutes
16. While face is still moist or apply fine mist of water or aloe water, apply Hyaluronic acid, Hydrate, SPF. 10 minutes.

17. Inform the client about appropriate home care 3 minutes

18. Take photo, Reschedule his or her next visit. 2 minutes

***Power Pack Men’s facial (80 minutes)***

***This facial address folliculitis issues and pays special attention to the skin underneath bearded areas.***

Deep cleaning, exfoliation, extraction, a soothing masque that will balance and hydrate skin; shoulder, neck, and scalp massage; treatment serum and moisturizer.

**Power Pack Men’s Facial Protocol**

**Implements & Materials**

* Standard facial lounge setup with linens and towels
* Gloves
* Gauze pads or cotton rounds. sponges
* Disposable sponges or facial cloths
* Water and bowl
* Eye pads for client
* Ear protection for client (such as earplugs or cotton)
* Water-based cleanser
* Treatment mask (optional)
* Moisturizer
* Toner
* Specialty serums or ampoules
* Sunscreen (SPF 15 minimum)
* Desincrustation gel

**Preparation**

Prepare the treatment table with linens

1. Check the device for proper operation
2. Gather and set up disposables and products
3. Set up
4. Review client’s concerns, indication for treatment and anticipated results.
5. Have client read and sign the consent form.
6. Review medical forms, make sure there are no contraindications.
7. Take photo
8. Under steam if client can handle it.
9. Cleanse with correct cleanser remove.

AHA BHA CLEANSER- aging skin/ blemish prone skin- check for lactic allergies

Balancing Cleanser is salicylic acid -use on oily, acneic, rosacea, or dermatitis and fungal skin conditions. Check or aspirin allergies.

Clarifying Cleanser-is for normal cared for skin with no to mild congestion, it is great to use in regular classic facial or before a chemical or enzyme peel. There are pomegranate enzymes in the cleanser so check for allergies.

1. Exfoliate with exfoliator and brush if client can handle it.
2. Use enzyme on congested areas. (T-Zone) Remove
3. Turn off steamer
4. Use skin scrubber/spatula/ultrasonic in circular movements keep skin wet or moist with sponge.
5. Massage
6. Mask
7. Extractions
8. Serums
9. Moisturize
10. Protect with SPF
11. Photos
12. **Post-Procedure**
13. Inform the client about appropriate home care
14. Reschedule his or her next visit
15. **Clean-up & Disinfection**
16. Perform clean-up and disinfection according to state regulations. Use a hospital grade disinfectant to wipe off spatula
17. Disinfect the device and implements according to the manufacturer’s recommendations
18. Reset the room and prepare it for the next client
19. Record detailed treatment information, observations, and product recommendations on the client record card.

***Custom Express Facial (20-90 minutes)***

You will receive cleansing & exfoliation with towel steaming, and appropriate mist with selected moisturizer. Add to my facial…

**Cleansing**

* Deep Cleansing Ultrasonic
* Deep Cleansing Galvanic

**Treatments**

* Acne Sparking treatment
* High freq. Scalp Treatment
* Microcurrent
* Microcurrent Eye Lift
* Hand & Foot sugar scrub
* Microdermabrasion
* Chemical Peel

**Massage**

* Indian Head Massage
* Electro- Massage
* Toning Massage
* Hot & Cold Stone Facial Massage
* Hand & Arm Massage

**Deep Penetrating Treatments**

* Ultrasonic Hydrating Treatment
* Paraffin Dip (Face, Hands, Feet)

**Mask**

* Chocolate Antioxidant Masque
* Custom Detox Masque
* Ultimate Enzyme Masque

**Homecare**

* Hyperpigmentation (Dark spot) Take home treatment (Includes Natural lightener pads & Sun Block) – Home care
* Antiaging/blemish control skin will need AHA BHA Pads for a take home treatment (Includes AHA & BHA pads & Sun Block) – Home care

***Brightening & Lightening Facial Treatment***

(60 Minutes)

Cleanse & Exfoliate. Massage and apply brightening mask. we will continue to layer in lighteners to diminish old worn dull hyperpigmented skin.

1. Consultation/ Pre appointment: Make sure client has discontinued use of Retin A products, aspirin regimens and Coumadin, tanning, at home exfoliation including Clarisonic brush machines and acid cleansers for 7 days. Make sure client has discontinued use of Accutane for 6-12 months depending on how many cycles of Accutane they were prescribed. Ask if they have allergies to Aspirin (Salicilin), lactose or milk-based products or almonds. Do not perform on acneic skin if there are just a few breakouts please apply peel around the acne lesions.
2. Take pictures at 3 angles.
3. Perform superficial cleanse with clarifying cleanser to remove make up oil and impurities.
4. Analyze the skin- Use magnifying lamp or glasses and woods lamp as a resource to decide treatment protocol for end of treatment & homecare.
5. If client had hyperpigmentation present under the Woods Lamp that you could not see with the naked eye, the client must have hyperpigmentation serums present in homecare to move forward.

**Queen Taylor Cosmeceutical Options for lightening and brightening hyperpigmentation in the skin are:**

* 1. Brightening and Lightening Pads with Arbutin- overall discoloration
  2. Brightening and Lightening Crème Serum- all over but easier to use for spot treatments
  3. Vitamin C Ambrosia- GREAT! As a daily antioxidant and a tyrosine inhibitor( lightener)
  4. Zinc Protection- will not exacerbate hyperpigmentation

1. Perform primary cleanse with Balancing cleanser
   1. Balancing cleanser -Oily skin, Rosacea, acne, sensitive skin types, hyperpigmented skin
   2. AHA BHA Cleanser- Lightly oily, Aged skin types, hyperpigmented skin
   3. Clarifying Cleanser- Remove makeup and oil easily
2. Perform extractions, apply Balancing silver mist to extracted area, spark any minor breakouts,
3. Apply a thin coat of Brightening and Lightening Cream Serum to hyperpigmented spots
4. Mist with Antioxidant Gold Mist
5. Perform massage with:

Hemp Moisturizing Oil - moisturizing

Royale Oil- calming, relaxing, anti-inflammatory.

1. Add Antioxidant gold mist.

**Queen Taylor Cosmeceutical Mists:**

* 1. Aloe Freshening Mist- Use to calm sensitive skin, irritated skin
  2. Silver Balancing Mist- Use for acneic, rosacea, skin, fungus
  3. Copper Toning Mist -Use for sluggish, Skin Laxity
  4. Antioxidant Gold Mist- Aging/problematic skin, calming

12. Mask

a. Chocolate Calming Antioxidant Mask- Calms, neutralizes free radical damage

b. Ultimate Enzyme Mask- Exfoliates, very high in Vitamin C

c. Detox masque- Directions:

Mix 1-part clay to 1 part

Add more liquid or clay as

needed. Mix until smooth. Apply

to face and other desired areas.

Let dry for 15-20 min. for

normal/oily skin, and 5-10 min.

for sensitive skin. Warming and tightening sensation is expected. Rinse with warm water.

Hair mask treatment: smooth mask in sections onto damp/wet hair distributing evenly. Let sit for 15-25 min. Rinse with warm water.

Spa Bath Treatment: Add 2 cups of clay in bath to absorb toxins.

1. Silver Balancing Mist- Use for acneic, rosacea, skin, fungus, inflammation
2. Antioxidant Gold Mist- Aging/problematic skin, calming, inflammation
3. Skin Rejuvenating Oil- use if you want the mask to be less pulling and more moisturizing

Vitamin C Serum- Mix one spoon into mask with any of the above liquids to make the mask a brightening mask, antioxidant mask. You can also mix in vitamin c powder serum. Do not use a metal bowl or utensils.

1. **Layer on Queen Taylor Cosmeceuticals brightening treatment Options:**
2. Brightening & Lightening pads with arbutin
3. Apply Antioxidant gold mist
4. Hyaluronic Acid
5. Vitamin C powder serum
6. Hydrate
7. Brightening and Lightening Crème Serum
8. Vitamin C Ambrosia

*Retail at least one lightener to client for homecare*

Homecare:

* 1. AHA & BHA Cleanser

b. Brightening & Lightening pads with arbutin

c. Apply Antioxidant gold mist

1. Brightening and Lightening Crème Serum
2. Vitamin C Ambrosia
3. Zinc Protect

**Queen Taylor Cosmeceutical Sun Protection Factor “SPF” Options:**

* 1. Natural Protection- with titanium dioxide and zinc oxide no silicones at all (SPF 35). This SPF can leave a whitish hue on the skin if it is not emulsified with your other treatment lotions and cream products.
  2. Perfected Protection- tinted sunscreen with titanium dioxide and zinc oxide, very low silicones (SPF 28).
  3. Zinc Protection- Zinc Oxide with an avocado oil base (SPF 20).

1. Stress the importance of client using an SPF that is a physical sun protectant as a chemical sun protectant can stimulate or exacerbate hyperpigmentation continued use of SPF while in the treatment series, every day, throughout the day.
2. Take a picture.

**Chocolate Papaya Facial**

**(60 Minutes)**

Great for skin that needs deep cleansing and calming, great for oily break out prone skin.

*Great for skin that needs exfoliation and antioxidants. This is a good facial for aging skin and mild break outs. This is a relaxing treatment, but you will also notice immediate effects on the skin.*

*Enjoy a custom cleansing with products containing active ingredients that will enhance your skin. We will prepare the skin through exfoliation with Ultimate Enzyme Mask, Relax with a calming CBD face, neck, décolletage massage. Retreat with a calming chocolate masque. Your custom treatment will be finished with balancing serums, moisturizer as well as any other necessary products for your skins condition. At the end of the service, a customized treatment regimen will be designed to help keep your new healthy skin hydrated and toned.*

**Chocolate Papaya Facial Protocol Simplified**

1. Set up

2. Review client’s concerns, indication for treatment and anticipated results.

3. Have client read and sign the consent form.

4. Review medical forms, make sure there are no contraindications.

5. Take photos. - have client come in 5-15 minutes early to fill out paperwork or send it by email.

6. Cleanse twice and remove residual product -15 minutes

7. Exfoliate with Ultimate Enzyme Masque under steam- 10 minutes

8. Apply Queen Taylor Treatment mists- 1 minute

9. Spread on ample amount of Royale Oil massage and massage - 20 minutes

10. Apply appropriate treatment mist 1 minute

11. Apply Chocolate Antioxidant Calming Masque 10 minutes

12. While face is still moist or apply treatment mist, apply Hyaluronic acid- 1 minute

13. Apply Hydrate, and other treatment creams for client’s skin- 1 minute

1. Apply SPF- 1 minute

17. Inform the client about appropriate home care.

18. Take photo, Reschedule his or her next visit.

**Chocolate Papaya Facial Protocol**

1. Set up. Products needed:

* Clarifying Cleanser
* Antioxidant Gold Mist
* Ultimate Papaya Enzyme Masque
* Royale Oil
* Chocolate Antioxidant Calming Masque
* Hydrate
* Zinc Protection

*\*The above items are included in the Chocolate Papaya Facial Kit; however, there are additional optional items that are used in this protocol for optimal results*

1. Review client’s concerns, indication(s) for treatment and anticipated results.

Consultation/ Pre- appointment: Make sure client has discontinued use of Retin-A products, aspirin regimens and Coumadin, tanning, at home exfoliation including Clarisonic brush machines and acid cleansers for 7 days. Make sure client has discontinued use of Accutane for 6-12 months depending on how many cycles of Accutane they were prescribed. Ask if they have allergies to Aspirin (Salicilin), lactose or milk-based products or almonds. Be sure to check for any papaya, chocolate, and metal allergies/sensitivities.

Do not perform Ultimate Enzyme Masque on acneic lesions of the skin. If there are just a few breakouts, please apply peel around the acne lesions. Have client come in 5-15 minutes early to fill out paperwork or send it by email in advance.

1. Have client read and sign the consent form.
2. Take ‘before’ photos at 3 angles (front, side, side).
3. Perform superficial cleanse with Clarifying Cleanser to remove make up, oil, and impurities.
4. Analyze the skin. Use magnifying lamp/glasses and/or Woods Lamp as a resource to decide

treatment protocol for end of treatment & homecare.

If client has hyperpigmentation present under the Woods Lamp that you could not see with the naked eye, the client must have hyperpigmentation serums present in homecare routine to move forward. If client is a Fitzpatrick 3 or more, start client on hyperpigmentation serums two weeks before peeling treatment.

**Queen Taylor Cosmeceutical lightening and brightening options are:**

1. Brightening and Lightening Pads with Arbutin
2. Brightening and Lightening Crème Serum
3. Vitamin C Ambrosia
4. Cleanse twice and remove residual product (15 minutes).

**Primary cleanse options are:**

1. Balancing Cleanser: Oily skin, Rosacea, Sensitive skin types
2. AHA BHA Cleanser: Lightly oily, Aging skin types
3. Clarifying Cleanser: Removes makeup and oil easily

1. Tone with 100% witch hazel. Ask client on scale of 1-5 what is their discomfort level (QUALIFYING ANSWER IS 0-1).
2. Use tissue to blot any moisture left behind on the face. Wipe around face 1-3 times with AHA BHA pad for maximum product penetration (optional).
3. Cover the eyes with eye pads submerged in water and rung out, apply goggles.
4. Wear gloves.
5. Appy Ultimate Enzyme Masque into a small clean dry dish.
6. Set the timer for ten minutes.
7. Leave Ultimate Enzyme Masque on skin under steam for up to 10 minutes and & remove
8. Apply Queen Taylor Treatment Mists (1 minute).

**Queen Taylor Cosmeceutical Mists are:**

1. Aloe Freshening Mist: Use to calm sensitive skin, irritated skin
2. Silver Balancing Mist: Use for acneic, rosacea, skin, fungus\*
3. Copper Toning Mist: Use for sluggish/dull skin, skin Laxity, aging\*
4. Antioxidant Gold Mist: Aging/problematic skin, free radical damage\*

*\*=Contains metal*

1. Spread on ample amount of Royale Oil, and massage (20 minutes).
2. Apply appropriate treatment mist (1 minute).

**Queen Taylor Cosmeceutical Mists are:**

1. Aloe Freshening Mist: Use to calm sensitive skin, irritated skin
2. Silver Balancing Mist: Use for acneic, rosacea, skin, fungus\*
3. Copper Toning Mist: Use for sluggish/dull skin, skin Laxity, aging\*
4. Antioxidant Gold Mist: Aging/problematic skin, free radical damage\*

*\*=Contains metal*

1. Apply Chocolate Antioxidant Calming Masque & remove (10 minutes).

**Add a combination of the following serums and gels**:

1. Vitamin C Powder Serum
2. Hyaluronic Acid
3. Brightening and Lightening Pads with Arbutin
4. Brightening and Lightening Crème Serum
5. Vitamin C Ambrosia
6. Hydrate
7. Antioxidant Therapy

*\*Remember: Products should be applied from the thinnest to the thickest.*

1. Apply treatment mist, apply Hyaluronic acid-allow to dry (1 minute).
2. Apply Hydrate, and other treatment creams for client’s skin (1 minute)
3. Apply SPF (1 minute). Client must continue with SPF for 7 days after treatment

**Queen Taylor Cosmeceutical Sun Protection Factors “SPF” options are:**

1. Natural Protection: with titanium dioxide and zinc oxide no silicones at all. SPF 35. This SPF can leave a whitish hue on the skin if it is not emulsified with your other treatment lotions and cream products.
2. Perfected Protection: tinted sunscreen with titanium dioxide and zinc oxide, very low silicones, SPF28.
3. Zinc Protection: zinc oxide with an avocado oil base SPF 20.
4. Remove gloves.
5. Inform the client about appropriate home care.
6. Take ‘after’ photos & reschedule his or her next visit.
7. Stress the importance of continued use of SPF while in the treatment series, every day, throughout the day.

***The Ultimate Back Facial (60 minutes)***

You will receive a cleaning, exfoliation to rid your skin of dead cells and then concluding with massage and mask and moisturizer.

Step 1 — Consultation Use consultation card to ensure client is in no way contraindicated to the treatment. Check if they are aware of or have any side effects from treatment that may require adjusting the procedure. Discuss comfort level with side-to side head movement during massage of the shoulders. Review concerns regarding skin prior to facial. Use pillows for comfort. Decide on if the client will benefit from the use of steam and what type. Take a picture at 3 angles for your records.

Step 2 — Skin Analysis Check skin for contraindications and indications for treatment using a microscopic lamp if available.

Step 3 — Cleanse-Use steam during the entire cleansing if client can handle it to open the pores. Remove with 4x4 gauze pads steam towels or sponges.

**Primary cleanse options are:**

1. Balancing Cleanser: Oily skin, Rosacea, Acne, Sensitive skin types
2. AHA BHA Cleanser: Lightly oily, Aging skin types
3. Clarifying Cleanser: Removes makeup and oil easily

Step 4 — Exfoliate the back (steaming continued) (If back is free of acne. Use the Queen Taylor diamond peel treatment to exfoliate massage for at least 5 minutes while under steam leave on resurfacing treatment 10-15 minutes. Remove with 4x4 gauze pads steam towels or sponges.

Mix 1 scoop Queen Taylor Cosmeceuticals Diamond Peel Powder to 1 scoop of Queen Taylor cosmeceutical Ultimate Enzyme Mask

**Queen Taylor Cosmeceutical Mists are:**

1. Aloe Freshening Mist: Use to calm sensitive skin, irritated skin
2. Silver Balancing Mist: Use for acneic, rosacea, skin, fungus\*
3. Copper Toning Mist: Use for sluggish/dull skin, skin Laxity, aging\*
4. Antioxidant Gold Mist: Aging/problematic skin, free radical damage\*

*\*=Contains metal*

Step 5—Perform deep cleansing technique to remove QT Resurfacing Treatment with Ultrasonic spatula and wet sponge. Remove residual product with hot towel.

Step 6—Perform extractions if necessary. Use balancing silver mist Spark any ace lesions

Step 7 — Massage or perform cupping massage or vacuum massage -If you performed advanced services like QT resurfacing treatment or microdermabrasion, do vacuum suction massage in place of regular massage.

Step 8 — Mask Application Apply Chocolate Antioxidant Masque or Detox Masque to back/ for the time recommended 10-20 minutes.

Step 9 — Add-On’s and extras. Massage Scalp and or Hand/Arms or feet while mask Is on. Use scalp massage protocol. If doing hands and forearms, massage in direction of heart beginning with fingertips, to wrists, then up to elbow. End all strokes by feathering off. This is a good spot to add chemical peel or enzyme peels to hands or feel.

Step 10 — Remove the Mask with contrast hydrotherapy steam towels.

Step 11—Apply Mists gels and treatment moisturizers then use Iontophoresis the backside of the ultrasonic spatula to push products deeper into the skin:

Step12-- Finish with cool steam, cool touch, cool towel, cool mist (spray atomizer) cool stones. You can also close the procedure with high frequency or do high frequency alone here.

Step 10 —Apply SPF 15 or more.

*If advanced peeling services were performed stress the necessity of a daily SPF that should be reapplied throughout the day and avoidance of the sun and ionic rays.*

**Timeless Facial Treatment (45 minutes)**

*(This is a weekly treatment) Series of 4- $400*

**Implements & Materials**

* Standard facial lounge setup with linens
* 15 towels

*(10 towels for contrast hydrotherapy, 1 hair drape towel,1 upper chest towel,1 work towel, 1 towel to remove resurfacing treatment or enzyme masque,1 towel to remove conductive gel residual product,)*

* 2 bowls of Water
* 1 rubber bowl for conductive gel
* Disposable sponges, 4” x 4” gauze squares, or facial cloths
* Cotton swabs with paper shaft or pre-sterilized metal probes
* QT Cleanser
* QT Conductive gel
* **Optional**: QT Chocolate Antioxidant Masque
* 2-4 spatulas *for conductive gel, for blending resurfacing treatment, to apply resurfacing treatment, to apply chocolate antioxidant masque*
* QT Treatment Pads
* QT Treatment Mists
* QT Treatment Moisturizer
* QT Preferred sun protection
* Microcurrent device or gloves
* Ultrasound wand or ultrasonic spatula

**Preparation**

1. Prepare the treatment table with linens.
2. Check the device for proper operation.
3. Gather and set up disposables and products.
4. Review the client’s concerns, indications for treatment, and anticipated results.
5. Have the client read and sign a consent form.
6. Take photos—both full-face and profile views—before and throughout the treatment process.

The Timeless Facial Treatment includes multiple modalities or treatments in one service\*

* Resurfacing Treatment or Enzyme Peel-: Exfoliates skin
* Microcurrent: Re-educates muscles & tightens skin
* Ultrasound: Increases hydration levels
* Contrast Hydrotherapy: Eliminates waste

*\*If one of the services is contraindicated, substitute of omit the treatment or modality.*

**Timeless Facial Treatment (Simplified)**

1. Perform two cleansings

* Clarifying Cleanser: To remove makeup, oil & congestion
* AHA BHA Cleanser: For normal to combination skin
* Balancing Cleanser: For oily-excessively oily skin

1. Perform Queen Taylor’s Resurfacing Treatment or exfoliate with Ultimate Enzyme Mask with steam still on
2. Apply Queen Taylor’s Conduction Gel
3. Use Microcurrent Gloves or Wands for 15-30 minutes
4. Remove residual product while performing Contrast Hydrotherapy
5. Complete treatment with Queen Taylor’s Treatment pads, Treatment Mists, Hyaluronic Acid, Vitamin C Ambrosia, Antioxidant Therapy
6. Perform Ultrasound with the other side of the Ultrasonic Spatula or with the Ultrasonic Wands to penetrate products deeper into the skin
7. Apply Hydro-Balance
8. Apply preferred sun protection

* Natural Protection SPF 35: No Silicones
* Perfected Protection SPF 28: Tinted SPF
* Zinc Protection SPF20: Vegan

Homecare: AHA BHA Cleanser, Toning Copper Mist, A-3 Pads, Brightening & Lightening Pads with Arbutin to fade hyperpigmentation, Hyaluronic Acid, Antioxidant Therapy, Hydro- Balance, SPF if required

*This is a weekly treatment sold in a series of 4: $500-700 total*

*Microcurrent alone is a 30-minute treatment: $125 per treatment*

**Timeless Facial Treatment (Expanded)**

1. Set up
2. Review client’s concerns, indication for treatment and anticipated results
3. Have client read and sign the consent form
4. Review medical forms, make sure there are no contraindications
5. Take ‘before’ photos
6. Cleanse the skin with water-based cleanser rinse and remove
7. Cleanse the skin with water-based cleanser rinse and remove
8. Exfoliate with Resurfacing Treatment or Enzyme Masque, rinse and remove
9. Apply Conduction Gel (*A nice touch is to prewarm the gel in the steamer)*
10. Moisten the metal probes or cotton swabs or gloves with water, also use Conduction Gel
11. Apply the Conduction Gel or manufacturer’s lotion along the area that you will be treating

* Moisten the metal conducting probes or cotton swabs that are inserted into the conducting. probes with the manufacturer’s recommended product
* Set the device for the service that you will be performing as recommended by the manufacturer

1. Set the machine currents to the level comfortable to the client
2. Start the device
3. Start at the upper chest and systematically move upward
4. Move the lower electrode toward the double ordered stationary electrode to pinch together or hold taut in ½ inch increments or folds of tissue with a compression like movement
5. Continue the same process in 1/3-inch increments on the entire face in an upward direction
6. Starting in the lower masseter, place one probe at the zygomatic arch, and slowly pull the masseter up with the free hand and other probe

* Hold for 20 seconds (or the time specified by the manufacturer)
* Move toward the upper portion of the masseter above the zygomatic arch with the stationary probe, and slowly pull at the base of the masseter with your free hand and the other probe. Hold for 20 seconds (or follow the manufacturer’s recommendation)
* Place the stationary probe at the auricularis anterior and place the moving hand and probe at the insertion of the buccinator and risorius region. Slowly pull back and hold
* Place the stationary probe at the lower orbicularis oculi and place the moving hand and probe at the insertion of the zygomaticus major. Pull up and hold
* Place the stationary probe at the inner portion of the orbicularis oculi and place the moving hand and probe at the insertion of the zygomaticus minor. Pull up and hold.
* Place the stationary probe at the corrugator and place the moving hand and probe at the inner upper orbicularis oculi. Gently pull up and back
* Place the stationary probe above the middle point of the eyebrow and place the moving hand and probe below the middle of the eyebrow. Pull up and hold
* Place the stationary probe above the outer area of the eyebrow and place the moving hand and probe below the outer area. Pull up and hold
* Repeat all movements on the other side of the face

1. **Do not massage the skin when doing microcurrent as this will overstimulate the skin**
2. Finish by removing residual Conduction Gel
3. **Optional:** If skin is exacerbated use Chocolate Antioxidant Calming Masque
4. Perform 10 rotations of contrast hydrotherapy, start with hot and end with cold
5. Heavily apply Treatment Pads, Treatment Mists, Hyaluronic Acid, Vitamin C Ambrosia, Antioxidant Therapy
6. Complete treatment with Iontophoresis or Sonophoresis, one product in on the skin move the opposite side of the Ultrasonic Spatula or the Ultrasonic around the skin working the product deeper into the skin for approx. 5 minutes
7. Apply Hydro-Balance
8. Apply preferred sun protection

* Natural Protection SPF 35- No Silicones,
* Perfected Protection SPF 28- Tinted SPF
* Zinc Protection SPF20 – Vegan

**Clean up & Disinfection**

1. Disinfect to your state’s guidelines

* Spray off hand pieces with hospital grade disinfectant
* Perform clean-up and disinfection according to OSHA or state regulations
* Clean and disinfect the probes and mitts per the manufacturer’s guidelines
* Reset the room and prepare it for the next client
* Record detailed treatment information, observations, and product recommendations on the client service record card

Tell client that he or she may return to work and resume normal home care.

Microcurrent treatments can be scheduled three-four times a week for 4- 10 weeks. I usually schedule clients once a week for 4-20 weeks. Treatment time is 30-90 minutes until optimal results are achieved.

**Acne Treatment (30 minutes)**

Double Cleanse with balancing cleanser for oily skin if the skin is not super oily you may choose the aha cleanser, spark with indirect high frequency, extract, any white heads by using a lancet and at a 45-degree angle pierce them just to give them air then wipe white cells away with cotton paid sprayed with witch hazel or peroxide. use hot and cool towels on acneic skin. Choose your Hyaluronic acid and antioxidant therapy for your serums and moisturizer. Homecare: Balancing cleanser for very oily skin or AHA BHA for somewhat oily or T-zone oily-ness, Hyaluronic acid and or Antioxidant therapy. Also, AHA BHA pads to control oiliness and Brightening & lightening pads with arbutin to fade hyperpigmentation.

*(This is a weekly service) Series of 4- $185*

**Acne Treatment**

1. Set up
2. Review client’s concerns, indication for treatment and anticipated results.
3. Have client read and sign the consent form.
4. Review medical forms, make sure there are no contraindications.
5. Take photos.
6. Put your finger on the electrode
7. Turn on the machine
8. Turn it up a little and place electrode near lesion. Move finger off electrode to allow the gas to emit the spark into the papule or pustule.
9. I usually pass over each lesion 1-3 times. Timing of sparking is usually 5-10 minutes and total acne treatment is approx. 30 minutes
10. Do not touch client with opposite hand while sparking.
11. Turn machine up if you feel the client can handle it during the treatment.
12. Place finger back on electrode between each spark.
13. Place finger on electrode, turn down, then turn off.
14. Clean with soap and water or Barbicide; do not emerge electrodes or hand piece, just wipe off.

For oily skin to gain maximum benefit from this treatment it should be performed at the end of a facial to allow the ozone produced to be left on the skin it is advisable not to wear makeup after the treatment.

**Revive Peel (3 pH) 30% percent Glycolic Acid**

**Benefits**

* Best for sun damaged, dry skin, fine lines, and aging
* Ideal for Fitzpatrick’s 1-4
* 30% @ 3.0 pH

**Professional Size:** 2 ounces **Price:** $58.00

**Dosage:** 3-6 droppers into dry bowl

**Key Ingredient Features**

Glycolic Acid: Naturally occurring and derived from plants such as sugar cane, beets, and pineapple. Glycolic acid effectively removes dead skin cells on the outermost layer of the skin, helping to brighten the complexion. It is used to treat scarring, mild skin discoloration mild oiliness and aging skin. Glycolic acid can transfer water molecules from the air to the skin in order to replenish moisture. Finally, it aids in increasing collagen production.

**Directions for Use**

Place eye goggles or eye pads soaked in ***tepid*** water over the eyes. While face is still mildly damp or while under warm steam, quickly apply one thin layer of peel, being sure not to spatter. Check client discomfort on a scale of 1-5. If client has not reached a level 3, you may apply a second thin layer. Check client discomfort again on a scale of 1-5. If client still has not reached a level 3, you may apply a third and final thin layer not to exceed ten minutes contact time. Neutralize the peel using a gauze mask or 4x4 gauze strips with neutralizer or ***tepid*** water.

*\*Tepid=lukewarm/room temperature*

**Power of 3 Multi-Acid Peel (3.0 pH) 10% Glycolic Acid 10% Lactic Acid 10% Kojic Acid**

**Benefits**

* Best for sun damaged skin, acts to lighten and brighten hyperpigmentation, good for some sensitive skin types
* Ideal for Fitzpatrick’s 1-6
* 30% @ 3.0 pH 10% Glycolic Acid 10% Lactic Acid 10% Kojic acid
* Good to use for dry skin

**Professional Size:** 2 ounces **Price:** $58.00

**Dosage:** 3-6 droppers into dry bowl

**Key Ingredient Features**

Glycolic Acid (10%): Naturally occurring and derived from plants such as sugar cane, beets, and pineapple. Glycolic acid effectively removes dead skin cells on the outermost layer of the skin, helping to brighten the complexion. It is used to treat scarring, skin discoloration and aging skin. Glycolic acid can transfer water molecules from the air to the skin in order to replenish moisture. Finally, it aids in increasing collagen production.

Lactic Acid (10%): Dissolves dead skin cells without agitating sensitive skin types. Increases cell turnover rates within the epidermis. Encourages the skin to hold hydration due to its humectant properties and improves pigmentation.

Kojic Acid (10%): Lightens visible damage caused by sun exposure, age spots, and scarring through blocking tyrosine from forming which prevents melanin production. This acid also has antifungal and antibacterial properties which helps prevent the development of common skin infections.

**Directions for Use**

Place eye goggles or eye pads soaked in ***tepid*** water over the eyes. While face is still mildly damp or while under warm steam, quickly apply one thin layer of peel, being sure not to spatter. Check client discomfort on a scale of 1-5. If client has not reached a level 3, you may apply a second thin layer. Check client discomfort again on a scale of 1-5. If client still has not reached a level 3, you may apply a third and final thin layer not to exceed ten minutes contact time. Neutralize the peel using a gauze mask or 4x4 gauze strips with neutralizer or ***tepid*** water.

*\*Tepid=lukewarm/room temperature*

**Revive Peel & Power of 3 Multi-Acid Chemical Peel Treatment Protocols**

1. Consultation/ Pre appointment: Make sure client has discontinued use of Retin-A products, aspirin regimens and Coumadin, tanning, at home exfoliation including Clarisonic brush machines and acid cleansers for 7 days. Make sure client has discontinued use of Accutane for 6-12 months depending on how many cycles of Accutane they were prescribed. Ask if they have allergies to Aspirin (Salicilin), lactose or milk-based products or almonds. Do not perform on acneic skin. If there are just a few breakouts, please apply peel around the acne lesions.
2. Take a picture at 3 angles.
3. Perform superficial cleanse with clarifying cleanser to remove make up, oil, and impurities.
4. Analyze the skin- Use magnifying lamp or glasses and woods lamp as a resource to decide

treatment protocol for end of treatment & homecare.

1. If client had hyperpigmentation present under the Woods Lamp that you could not see with the naked eye, the client must have hyperpigmentation serums present in homecare routine to move forward. If client is a Fitzpatrick 3 or more, start client on hyperpigmentation serums two weeks before peeling treatment.

**Queen Taylor Cosmeceutical Options for lightening and brightening hyperpigmentation in the skin are:**

* 1. Brightening and Lightening Pads with Arbutin
  2. Brightening and Lightening Crème Serum
  3. Vitamin C Ambrosia
  4. Zinc Protection

1. Perform primary cleanse with AHA BHA Cleanser
   1. Balancing cleanser -Oily skin, Rosacea, sensitive skin types
   2. AHA BHA Cleanser- Lightly oily, Aged skin types
   3. Clarifying Cleanser- Remove makeup and oil easily
2. Tone with 100% witch hazel -ask client on scale of 1-5 what is their discomfort level (QUALIFYING ANSWER 0-1).
3. Use tissue to blot any moisture left behind on the face.
4. Wipe around face 1-3 times with AHA BHA pads.
5. Cover the eyes with eye pads submerged in water and rung out, apply goggles.
6. Wear gloves.
7. Appy 3-6 drops of desired chemical peel into a small clean dry dish.
8. Set the timer for ten minutes.

14. Turn on the steamer allowing warm steam to emit on to the skin while applying the peel and Start with the forehead, use 2x2 gauze or brush with Queen Taylor Revive or Power of # multi-acid peel, moving quickly, but safely making sure not to spatter, apply one thin layer of peel. Check client’s discomfort on a scale of 1-5. If client has not reached a level 3, you may apply a second thin layer. Check client discomfort again on a scale of 1-5. If client still has not reached a level 3, you may apply a third and final thin layer not to exceed a 10-minute contact time.

15. Neutralize your peel with tepid water, please do not use ice cold water as this will close the pores. Use a gauze or a gauze mask submerged in water to neutralize the chemical peel, incorporate cotton pads or sponges in water to help neutralize. Make sure the client is completely neutral everywhere before moving forward the next step. Advise client it is best not to wash face until the next morning.

16. Remove gloves.

17. **Add a combination of the following serums and gels**:

1. Vitamin C powder serum
2. Hyaluronic Acid
3. Brightening and Lightening Pads with Arbutin
4. Brightening and Lightening Crème Serum
5. Vitamin C Ambrosia
6. Hydrate
7. Antioxidant Therapy

*Remember: Products should be applied from the thinnest to the thickest.*

18. Moisturize and apply an SPF

Queen Taylor Cosmeceutical Sun Protection Factors “SPF” options are:

a. Natural Protection- with titanium dioxide and zinc oxide no silicones at all. SPF 35. This SPF

can leave a whitish hue on the skin if it is not emulsified with your other treatment lotions and

cream products.

b. Perfected Protection- tinted sunscreen with titanium dioxide and zinc oxide, very low silicones

SPF28.

c. Zinc Protection- zinc oxide with an avocado oil base SPF 20

19. Stress the importance of continued use of SPF while in the treatment series, every day, throughout the day.

20. Take a picture.

21. Rebook client in 1 week. Retail serums and other necessary items to focus on skin issues.

Clients may start the use of recommended acid cleansers and lotions; client may receive a peel once a week for 4 weeks. Clients should avoid makeup, sweating steam rooms, saunas, pools working out, tanning beds and overall sweating. If going in the sun, client MUST wear SPF and reapply it as indicated on SPF label.

**Calming & Clarifying Peel (3.0 pH) 10% Mandelic Acid 20% Salicylic Acid**

**Benefits**

* Best for oily, acne-prone skin
* Ideal for Fitzpatrick’s 1-6
* 30% (Salicylic 20%, Mandelic 10%) @ 3.0 pH

**Professional Size:** 2 ounces **Price:** $58.00

**Dosage:** 3-6 droppers into dry bowl

**Key Ingredient Features**

Salicylic Acid: A chemical exfoliant that penetrates skin, removing dead skin cells. It is a powerful and popular acne-fighting ingredient because it works to reduce the number of skin cells with the pore, which helps prevent acne from forming. It also shrinks pores, fades scars, and reduces inflammation while increasing cell turnover to promote anti-aging.

Mandelic Acid: An alpha hydroxy acid derived from almonds. It improves fine lines and wrinkles, reduces the appearance of hyperpigmentation and large freckles. Mandelic acid also drastically reduces inflamed, pustular, comedonal, and papular acne. Because of its molecular size, it takes longer to penetrate the skin, making it less irritating but still effective.

**Directions for Use**

Place eye goggles or eye pads soaked in ***tepid*** water over the eyes. After cleansing the skin (with balancing or clarifying cleanser); apply witch hazel to remove additional oil, blot dry, while face is completely dry, quickly apply one thin layer of peel, being sure not to spatter. Check client discomfort on a scale of 1-5. If client has not reached a level 3, you may apply a second thin layer. Check client discomfort again on a scale of 1-5. If client still has not reached a level 3, you may apply a third and final thin layer not to exceed a 10-minute contact time. Neutralize the peel using neutralizing Hemp oil or Rejuvenating oil.

*\*Tepid=lukewarm/room temperature*

**Calming & Clarifying Chemical Peel Treatment Protocol**

1. Consultation/ Pre appointment: Make sure client has discontinued use of Retin A products, aspirin regimens and Coumadin, tanning, at home exfoliation including Clarisonic brush machines and acid cleansers for 7 days. Make sure client has discontinued use of Accutane for 6-12 months depending on how many cycles of Accutane they were prescribed. Ask if they have allergies to Aspirin (Salicilin), lactose or milk-based products or almonds. Do not perform on acneic skin if there are just a few breakouts please apply peel around the acne lesions.
2. Take pictures at 3 angles.
3. Perform superficial cleanse with clarifying cleanser to remove make up oil and impurities.
4. Analyze the skin- Use magnifying lamp or glasses and woods lamp as a resource to decide treatment protocol for end of treatment & homecare.
5. If client had hyperpigmentation present under the Woods Lamp that you could not see with the naked eye, the client must have hyperpigmentation serums present in homecare to move forward. If client is a Fitzpatrick III or more- start client on Hyperpigmentation serums two weeks before peeling treatment.
   1. **Queen Taylor Cosmeceutical Options for lightening and brightening hyperpigmentation in the skin are:**
   2. Brightening and Lightening Pads with Arbutin
   3. Brightening and Lightening Crème Serum
   4. Vitamin C Ambrosia
   5. Zinc Protection
6. Perform primary cleanse with Balancing cleanser
   1. Balancing cleanser -Oily skin, Rosacea, sensitive skin types
   2. AHA BHA Cleanser- Lightly oily, Aged skin types
   3. Clarifying Cleanser- Remove makeup and oil easily
7. Tone with witch hazel -ask client on scale of 1-5 what is their discomfort level (QUALIFYING ANSWER 0-1).
8. Use tissue to blot any moisture left behind on the face.
9. Wipe around face 1-3 times with AHA BHA pads.
10. Cover the eyes with eye pads submerged in water and rung out, apply goggles.
11. Wear gloves.
12. Appy 3-6 drops of desired chemical peel into a small clean dry dish.
13. Set the timer for ten minutes.
14. Start with the forehead, use 2x2 gauze or brush with Queen Taylor Calming & Clarifying chemical peel, moving quickly, but safely making sure not to spatter, apply one thin layer of peel. Check client’s discomfort on a scale of 1-5. If client has not reached a level 3, you may apply a second thin layer. Check client discomfort again on a scale of 1-5. If client still has not reached a level 3, you may apply a third and final thin layer not to exceed a 10-minute contact time.
15. Neutralize the peel using neutralizing Hemp oil or Skin Rejuvenating oil- use 3-6 drops of oil in gloved hand or gauze. Starting in the same place you started the chemical peel apply the oil neutralizer, apply all over the skin with the gauze or massage into the skin. Once the client says they are neutral (usually after 1 complete wipe over the entire face) wipe all oil off with dry 4x4 gauze pad.
16. Remove gloves.
17. Remove excess product with AHA BHA Pads.
18. Add serums and gels & treatment creams.
19. **Queen Taylor Cosmeceuticals treatment Options:**
20. Hyaluronic Acid
21. Vitamin C powder serum
22. Brightening and Lightening Pads with Arbutin
23. Brightening and Lightening Crème Serum
24. Vitamin C Ambrosia
25. Hydrate
26. Antioxidant Therapy
27. *Remember: Products should be applied from the thinnest to the thickest.*
28. Moisturize and apply an SPF

**Queen Taylor Cosmeceutical Sun Protection Factor “SPF” Options:**

* 1. Natural Protection- with titanium dioxide and zinc oxide no silicones at all (SPF 35). This SPF can leave a whitish hue on the skin if it is not emulsified with your other treatment lotions and cream products.
  2. Perfected Protection- tinted sunscreen with titanium dioxide and zinc oxide, very low silicones (SPF 28).
  3. Zinc Protection- Zinc Oxide with an avocado oil base (SPF 20).

1. Stress the importance of continued use of SPF while in the treatment series, every day, throughout the day.
2. Take a picture.
3. Rebook client in 1 week. Retail serums and other necessary items to focus on skin issues.
   1. Clients may start the use of recommended acid cleansers and other products; client may receive a peel once a week for 4 weeks. Clients should avoid makeup, sweating steam rooms, saunas, pools working out, tanning beds and overall sweating. If going in the sun -client MUST wear SPF and reapply it as indicated on SPF label.

**Ultimate Enzyme Mask**

Our Ultimate Enzyme Mask rejuvenates and helps restore your skin. This well-balanced fruit peel with dead Sea silt gently dissolves dead skin cells and leaves your skin with good circulation, well balanced emollience and hydration.

Marula Oil:

The Marula fruit, called the “Golden Fruit of East Africa,” has been used for over 10,000 years for medicinal, dietary, and health purposes. The edible fruit pulp and oil is completely organic and all natural. The marula fruit resembles a pineapple but has four times the amount of vitamin C than grapefruit.

Queen Taylor Cosmeceuticals has harnessed the power of the marula oil with its excellent properties (tremendous stability while containing oleic acid, linoleic, palmitic and stearic acids). Marula oil outperforms all known natural liquid oils and can be easily absorbed, maximizing its potency.

The fruit pulp contains proteins, minerals, antioxidants, and enzymes, which make it ideal for skincare. The marula oil reduces skin redness and hydrates the skin for a superior after-feel.

Papain:

This dried, purified latex of papaya enzyme is an extremely stable, slightly hygroscopic enzyme well known for its protein tenderization, softening, and exfoliation. This ideal enzyme is well tested for its safety and for its incredible uses.

Niacin:

This anti-pellegra vitamin is essential in glycolysis, tissue respiration and an essential component of both coenzyme 1 and 2. The vasodilation properties render good skin color and suppleness after washing of the peel.

Hyaluronic Acid:

This protein binds 1000 times its weight of water at all times and acts as a hydration reservoir.

Directions for use:

Use with a skin scrubber as a Deep cleanse; Use as an intensive cleanse in the T-zone area.; Use as a mask in a regular facial process; Use in an enzyme peel series: Use After an Dermaplaning technique to remove oil and make the extraction process easier.

**Ultimate Enzyme Peel Treatment (30 minutes)**

*This is a weekly service performed in a series of 4*

1. Take a picture at 3 angles.
2. Double Cleanse with Balancing cleanser for oily skin if the skin is not super oily you may choose the AHA BHA Cleanser.
   1. Balancing cleanser -Oily skin, Rosacea, sensitive skin types
   2. AHA BHA Cleanser- Lightly oily, combination, Aged skin types
   3. Clarifying Cleanser- Removes makeup and oil easily
3. Tone with chosen mists:

**Queen Taylor Cosmeceutical Mists:**

* 1. Aloe Freshening Mist- Use to calm sensitive skin, irritated skin
  2. Silver Balancing Mist- Use for acneic, rosacea, skin, fungus
  3. Copper Toning Mist -Use for sluggish, Skin Laxity
  4. Antioxidant Gold Mist- Aging/problematic skin

1. Wear gloves.
2. Place enzyme in small clean dry bowl.
3. While running the warm steam-Starting with the forehead, heavily brush on chosen enzyme peel, moving quickly. Apply enzyme mask on thickly under steam for 5-10 minutes, if there is acne please apply peel around the acne lesions. Remove with a hot steam towel, extract any white heads by using a lancet and at a 45-degree angle pierce them just to give them air then wipe white cells away with cotton pad sprayed with any of our treatment mists.
4. Use hot and cool towel rotations on acneic or congested skin to remove masque.
5. Choose your preferred mists, serums, and gels, remember: Products should be applied from the thinnest to the thickest.

**Queen Taylor Cosmeceutical Mists:**

1. Aloe Freshening Mist- Use to calm sensitive skin, irritated skin
2. Silver Balancing Mist- Use for acneic, rosacea, skin, fungus
3. Copper Toning Mist -Use for sluggish, Skin Laxity
4. Antioxidant Gold Mist- Aging/problematic skin

**Queen Taylor Cosmeceuticals treatment Options:**

1. Hyaluronic Acid
2. Vitamin C powder serum
3. Brightening and Lightening Pads with Arbutin
4. Brightening and Lightening Crème Serum
5. Vitamin C Ambrosia
6. Hydrate
7. Antioxidant Therapy
8. Apply Zinc protection SPF and stress the importance of continued use while in the treatment series, every day, throughout the day.

**Queen Taylor Cosmeceutical Sun Protection Factor “SPF” Options**:

* 1. Natural Protection- with titanium dioxide and zinc oxide no silicones at all (SPF 35). This SPF can leave a whitish hue on the skin if it is not emulsified with your other treatment lotions and cream products.
  2. Perfected Protection- tinted sunscreen with titanium dioxide and zinc oxide, very low silicones (SPF 28).
  3. Zinc Protection- Zinc Oxide with an avocado oil base (SPF 20).

1. Take a picture.
2. Rebook client in 1 week. Retail serums and other necessary items to focus on skin issues.

Enzyme Peels are generally sold in a series of 4 once you have treated your client in a series of four, they should go into maintenance; meaning after 1month from the clients last Enzyme Peel treatment they get a facial with a regular exfoliation. It’s okay for the client to return to work, ask them not to wear makeup if possible.

Homecare: Balancing Cleanser for very oily skin or AHA BHA for somewhat oily or T-zone oily-ness, Silver mist to control acne, Hyaluronic acid and or Antioxidant therapy. Also, AHA BHA pads to control oiliness and Brightening & Lightening pads with arbutin to fade hyperpigmentation.

**Enzyme Peel Treatment Protocol (Simplified)**

1. Take a picture
2. Under steam Cleanse the skin twice with Queen Taylor Cosmeceuticals Clarifying Cleanser.
3. Mist skin with Queen Taylor Cosmeceuticals Freshening aloe water or other mist of choice.
4. Use tissue to blot any moisture left behind on the face.
5. Cover the eyes (optional)
6. Wear gloves
7. While continuing to run the warm steam-Starting with the forehead, Brush on a thick layer of Queen Taylor Cosmeceuticals Ultimate Enzyme Mask for the recommended 5-10 minutes

remove with cool towels Make sure the mask is completely removed.

1. Mist with Queen Taylor Cosmeceuticals Freshening Aloe Water or chosen Queen Taylor Cosmeceuticals treatment mists
2. Preform extractions if needed
3. Remove gloves
4. Add serums and gels, remember: Products should be applied from the thinnest to the thickest.
5. Moisturize and apply an SPF of at least 15 and stress the importance of continued use while in the treatment series, every day, throughout the day.
6. Take a picture
7. Rebook client in 2 weeks.
8. Retail serums and other necessary items to focus on skin issues.

Enzyme Peels are generally sold in a series of 4 once you have treated your client in a series of 4 they should go into maintenance; meaning after 1month from the clients last Enzyme Peel treatment they get a facial with the Queen Taylor Cosmeceuticals products.

**Diamond Peel Treatment Protocol**

1.Take a picture

2.Under steam Cleanse the skin twice with Queen Taylor Cosmeceuticals Clarifying Cleanser.

3.Mist skin with Queen Taylor Cosmeceuticals Freshening aloe water or chosen Queen Taylor Cosmeceuticals treatment mists

4.Cover the eyes with eye pads (optional)

6.Wear gloves

7. Mix 1 scoop Queen Taylor Cosmeceuticals Diamond Peel Powder to 1 scoop of Queen Taylor cosmeceutical ultimate enzyme mask

8.While continuing to run the warm steam-Starting with the forehead, Brush on a thick layer of Queen Taylor Cosmeceuticals Ultimate Enzyme Mask for the recommended 5-10 minutes

9. While Diamond enzyme is on the skin perform the Queen Taylor cosmeceuticals manual diamond peel manipulations to deeply exfoliate the face under steam.

10. Remove with cool towels Make sure the mask is completely removed.

11.Mist with Queen Taylor Cosmeceuticals Freshening Aloe Water or chosen Queen Taylor Cosmeceuticals treatment mists

12.Preform extractions if needed

13.Remove gloves

14.Add serums and gels, remember: Products should be applied from the thinnest to the thickest.

15.Moisturize and apply an SPF of at least 15 and stress the importance of continued use while in the treatment series, every day, throughout the day.

16.Take a picture

17.Rebook client in 1 week.

18.Retail serums and other necessary items to focus on skin issues.

**Detox Masque Powder**

**Ingredients:**

100% Pure Sodium Montmorillonite Clay.

Discontinue use if irritation occurs. Organic. Food Grade. Keep out of reach of children.

Benefits: Detoxifies, calms, purifies, and reduces redness

**Directions:**

**Facial Masque Treatment**

1. Mix 1-part clay to 1-part masque. \****Only mix in a glass or rubber bowl, never use a metal bowl, spatula or whisk.***
2. Add more liquid or clay as needed.
3. Mix until smooth.
4. Apply to face and other desired areas.
5. Let dry for 15-20 min. for normal/oily skin, and 5-10 min. for sensitive skin (warming and tightening sensation is expected).
6. Rinse with warm water.

**Hair Masque Treatment**

1. Smooth masque in sections onto damp/wet hair--distributing evenly.
2. Let sit for 15-25 min.
3. Rinse with warm water.

**Spa Bath Treatment**

1. Add 2 cups of clay in bath to absorb toxins.

**Body Treatment**

1. Apply clay to body.
2. Allow to dry and you can have the client rinse off in the shower.
3. Finish with home care products for client’s skin type and condition.
4. \*Optional: Can be used with microcurrent or Galvanic current.

**Additives**

Water: Mix with water to get a drawing masque. Will have drawing and detoxifying properties. Helps with redness.

Freshening Aloe Water: Used to calm the skin. Will have drawing and detoxifying properties. Helps with redness.

Balancing Silver Treatment Mist: Used to calm the skin. Excellent for rosacea, acne, tinea versicolor, eczema, psoriasis, red & ruddy skin.

Colloidal silver has anti-fungal, antibacterial, and anti-inflammatory properties. Its anti-inflammatory quality makes it a skincare heavy-hitter, as nearly all skin issues — including redness, acne, and chronic conditions like dermatitis and rosacea — stem from inflammation. Will have drawing and detoxifying properties. Helps with redness. Helps with eczema, psoriasis, alopecia, ring worm, fungus and tinea versicolor.

Antioxidant Gold Treatment Mist: Neutralizes free radical damage great for aging, acne, or sun damaged skin.

Colloidal gold has antioxidant and anti-inflammatory properties It reinforces. the skin's barrier, while boosting repair and healing.” As an antioxidant, colloidal gold works to protect the skin from damaging pollution particles. Will have drawing and detoxifying properties. Helps with redness.

Toning Copper Treatment Mist- Toning copper helps with aging & the nervous system function. It acts as an antioxidant that supports human immunity. stimulates collagen and elastin. reduces wrinkles, discoloration, and age-related skin conditions. Will also have drawing and detoxifying properties. Helps with redness.

Hemp Moisturizing Oil: Used to create moisture in the masque instead of drawing. Helps with redness.

Skin Rejuvenating Oil: Used to create moisture and cell turnover, healing and free radical neutralization through vitamin A, C & E

Royale Oil: For skin that is in pain, works to anti-stress the skin, for the client who has skin barrier issues.

Vitamin C Powder Serum: Mix one spoon into masque with any of the above liquids to make the masque a brightening masque, antioxidant masque. ***Do not use a metal bowl or utensils.***

**Resurfacing Peel Treatment**

Balancing Treatment-Calming & Clarifying Peel

1. Place 1-3 droppers of peel to masque.
2. Make smooth by mixing with plastic spatula (this works as a resurfacing and Balancing masque treatment. Great for oil reduction).
3. Brush one layer of Queen Taylor Skin Rejuvenation Oil over skin to neutralize masque.

\*This should be an add on service for $65 and up.